

# Asking For Help



Special Learning

[www.special-learning.com](http://www.special-learning.com)

© 2012 Special Learning Inc.





Sometimes I need help to **complete** an activity  
or **get** something that I need.

Asking for help only takes 2 simple steps:



First, I will find an adult.



Second, I will ask, "Can you help me, please?"





When I need something from a high place, I can find an adult and ask, “Can you help me, please?”



Can you help me, please?



When I need help completing my math homework, I can find an adult and ask, "Can you help me, please?"



It is easy to **ask for help** when I remember to find an adult and **ask nicely**. Adults are happy to help me when I ask them nicely.



# Description

Developed by **Carol Grey**, social stories are tools for teaching social skills to individuals with autism and other developmental disabilities. Written from the perspective of the student, these stories outline a set of “rules” the student should follow in various social setting to help him navigate situations which might otherwise prove difficult or cause discomfort. The goal of these stories is to prepare the student to address common situations by understanding expected norms and appropriate responses, using repetitive examples, for specific situations that he might encounter.

Although there has not been sufficient research to scientifically validate the effectiveness of social stories, anecdotal evidence suggests that these tools can be a very effective means of teaching social skills to a certain population of students with autism spectrum disorder.



The following Classification Key allows users to easily identify the most appropriate story for a specific situation by SKILL(S) and AGE GROUP.

## Social Story Classification Key

<u>Skills Taught</u>	<u>Age Group</u>
Social Skills	Pre-K
Basic Communication	Pre-K





Special Learning

[www.special-learning.com](http://www.special-learning.com)

© 2012 Special Learning Inc. All rights reserved.